



EASTER SPECIALS!



'RENEWED YOU' RETREAT

At AfroVedic Institute we believe that caring for your mind, body and soul shouldn't feel like a chore but a day-to-day lifestyle.

For this reason, we invite you to our new creation called " 'ReNewed You' Retreat" – a weeklong rejuvenation and regenerative retreat which will leave you vibrant and mindful.

BOOK NOW

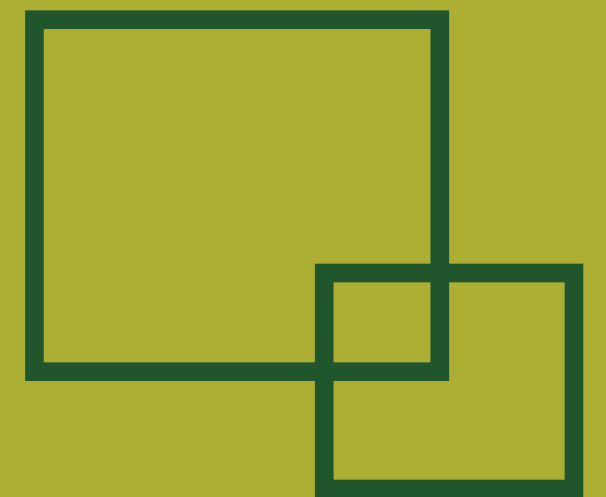


BRAND NEW AND AFFORDABLE PROGRAM



Our brand new and affordable program will immerse you in a holistic, rejuvenating and regenerative and detoxifying retreat that includes:

1. Meditation
2. Motion
3. Detoxifying treatments
4. Intermittent Fasting
5. Spa Services
6. Evening Recreation



You deserve a break away from the mundane to a whole

USE CODE **#HEALTHEASTER2023#** TO BOOK YOUR STAY ONLINE BEFORE MARCH 30TH FOR ANY WEEK BETWEEN 1ST APRIL - 1ST JUNE AND RECEIVE 10% OFF YOUR ENTIRE STAY*.

BOOK NOW FOR YOUR RENEWED RETREAT.

[CLICK HERE](#)

*Terms and conditions apply



PELONNGWE
WELLNESS RETREAT & SPA

'RENEWED YOU' RETREAT INVENTMENT

Our **Regenerative Therapies** will include **Ayurvedic health consultation** facilitated by an **AfroVedic Clinical Health Practitioner** and the following services:

STAY

1. **Accomodation** - 6 nights 7 days
2. **Meals** - 6 days of Intermittent fasting Vegan Diet

OFFERINGS

3. 3 sessions of Colon Hydrotherapy: Chlorophyll ,Insufflation Ozone and Coffee enema
4. 3 sessions of Photobiomodular Therapy
5. 3 sessions of Ozone Therapy
6. 3 sessions of Hyperbaric Chamber Therapy
7. 3 sessions of Hugo electromagnetic Therapy
8. 3 sessions of Reiki Theparry
9. 3 sessions of Rejuvenating massages
10. 1 session of Srub and Wrap

FROM
R41,000

BOOK NOW